



**Student Activities and Leadership  
Development  
Division of Student Affairs**  
University of Cincinnati  
PO Box 0136  
Cincinnati, OH 45221

676 Steger Student Life Center

**To:** Club Sports Officers  
**From:** Dr. Nicole Mayo, AVP of Leadership & Engagement  
Dr. Nicole Ausmer, Director of Student Activities and Leadership Development  
Traci Steehler, Assistant Director of Student Activities and Leadership Development  
Jeff Logsdon, Program Coordinator of Club Sports  
**RE:** Covid-19 Response  
**Date:** 10/6/2020

Dear UC Club Sports:

I write to you today first, to express my thanks to the many of you that have adjusted to our new normal on campus. During these uncertain times, I continue to be impressed by your dedication to being actively engaged with each other and continuing to look out for one. As a result of your partnership, we are continuing to foster engagement on our campus, and as we prepare to welcome new and returning members to our community over the coming weeks, it's important to remember that each of us plays a part in keeping one another safe.

Secondly, I'd like to remind all of us as we head into the second half of the fall semester on campus to be good neighbors, community members, and stewards of the awesome responsibility we have as members of the UC Club Sports community. Many on campus will follow your lead and I am asking that you continue to refrain from large gatherings. Doing so protects everyone, and while this isn't the fall you may have envisioned, your temporary sacrifice ensures that we get back to normal a little more quickly.

Any students that attend or host events not in compliance with the Return to Campus Guide and other guidance provided by SALD/UC Club Sports will be forwarded to the Office of Student Conduct & Community Standards. Repercussions for attending and/or hosting large gatherings include individual and organizational interim suspension.

We know that the spread of Covid in campus communities is a very real threat. As such I'd like to re-emphasize the guidance that was issued surrounding Covid-19 and highlight the steps that you should take should you be exposed or begin experiencing symptoms. We know that this requires an adjustment on all our parts and the Office of Student Activities and Leadership Development/UC Club Sports is here to support you as we navigate the coming months. Should you have any questions or concerns, please don't hesitate to reach out to us at [ucclubsports@ucmail.uc.edu](mailto:ucclubsports@ucmail.uc.edu). Please see below for steps to take if you have been exposed to or tested positive for Covid-19. Taking these steps in a timely manner will help mitigate continued risk to the community.

On/Off-Campus:

**If you have been directly EXPOSED to individual(s) with confirmed Covid-19 but you are NOT SICK (no symptoms):**

1. Confirm if you have had a direct exposure:
  - a. You were within 6 feet of someone who has COVID-19 for at least 15 minutes
  - b. You provided care at home to someone who is sick with COVID-19
  - c. You had direct physical contact with the person (touched, hugged, or kissed them)
  - d. You shared eating or drinking utensils
  - e. They sneezed, coughed, or somehow got respiratory droplets on you
2. Email [covidwatch@uc.edu](mailto:covidwatch@uc.edu) and include your name & phone number
3. **Contact UC Club Sports via email at [ucclubsports@ucmail.uc.edu](mailto:ucclubsports@ucmail.uc.edu)**

**If you have tested COVID-19 POSITIVE:**

1. Email [covidwatch@uc.edu](mailto:covidwatch@uc.edu) and include your name & phone number
2. **Contact UC Club Sports via email at [ucclubsports@ucmail.uc.edu](mailto:ucclubsports@ucmail.uc.edu)**
3. Stay home. Continue to take as much care of yourself as possible, with rest, and drinking plenty of fluids. For fever or pain, we recommend acetaminophen ("Tylenol"), but not aspirin or ibuprofen.
4. Isolate yourself as much as possible by staying at least 6 feet away from others in your household.
4. Please track your temperature and your symptoms daily. You will get a daily text message reminder to do so.
5. You must not return to outside activities (in-person classes, work, etc.) until **ALL** the following are met:
  - a. At least 10 days have passed since symptoms started (or, 10 days have passed since your test was performed if you did not have symptoms at time of testing)
  - b. At least 24 hours have passed since recovery (resolution of fever without the use of fever-reducing medications)
6. Once the above criteria are met, please email [COVIDWatch@uc.edu](mailto:COVIDWatch@uc.edu) so we can review your case, discontinue your daily symptom survey, and provide an email communication of your clearance to resume outside activities. This will be required to return to UC club Sports activities.
7. If you experience life-threatening symptoms such as significant/worsening shortness of breath, confusion, or disorientation, seek your nearest Emergency Room (UCMC ED 513-584-1000) or emergency services (911) and let them know you are very ill, may have COVID-19, and require emergency care.

Even if none of the above scenarios apply to you, stay home as much as possible, wear a mask whenever you may pass other people, stay at least 6 feet from others, wash your hands frequently, avoid touching your eyes, nose, or mouth.